

MANIFESTOR ANONYMOUS PRESENTS

LEARN THE HUMAN DESIGN GATES THROUGH MUSIC PRINTABLE COMPANION WORKBOOK



Five reusable practices for turning the 64-gate reference library into something you can hear, track, and make your own.

PRINT · LISTEN · NOTICE · CODE

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Print the page you need. Use it more than once.

This is the working half of Learn the Human Design Gates Through Music. Keep the reference guide open while you listen, then use these pages to document what you actually notice.

You do not need to complete every sheet for every song.

Use the Song Coding Sheet for a new track. Use the Gate Study Sheet when one gate keeps pulling your attention. Use the Playlist Builder when a station starts taking shape. Use the Transit Tracker when an energy suddenly gets louder. Return to the Bodygraph Pattern Log after you have enough entries to see what repeats.

The date matters.

Your reading can change as a transit passes, a relationship completes a hanging gate, or your own awareness deepens. A changed answer is information, not failure.

There is no perfect playlist. There is only better pattern recognition.

SONG CODING SHEET

SONG + ARTIST

FIRST FEELING IN YOUR BODY

LYRIC / SOUND / MOMENT THAT CREATED IT

CENTER + WHY

CIRCUIT + WHY

GATE POSSIBILITY / SECOND POSSIBILITY

WHY I PLACED IT THERE

GATE STUDY SHEET

GATE NUMBER + NAME

WHAT I ALREADY THINK THIS GATE MEANS

HOW IT SHOWS UP IN MY CHART OR CURRENT TRANSIT

WHAT IT SOUNDS LIKE TO ME

SONGS THAT HELP ME RECOGNIZE IT

WHAT CHANGED AFTER I SAT WITH IT

PLAYLIST BUILDER

GATE + CENTER + CIRCUIT

CURRENT PLAYLIST PURPOSE

SONGS THAT DEFINITELY BELONG

SONGS I AM UNSURE ABOUT + WHY

THE PATTERN I HEAR ACROSS THIS PLAYLIST

TRANSIT TRACKER

DATE + TRANSITING GATE

WHERE THIS GATE LANDS IN MY CHART

WHAT FELT LOUDER THAN USUAL

SONGS I REACHED FOR

URGES / ANGER / PEACE / REST I NOTICED

WHAT REMAINED AFTER THE TRANSIT PASSED

BODYGRAPH PATTERN LOG

GATES I RETURN TO MOST

CENTERS THAT DOMINATE MY LIBRARY

CIRCUIT PATTERN I NOTICE

GATES I AVOID OR CANNOT HEAR YET

WHAT MY LIBRARY IS TEACHING ME NOW

KEEP LISTENING

Let repetition teach you.



Return to the same gates, songs, and playlists over time. The pattern becomes clearer because you kept a record.

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